

# Water Play



Math



Fine Motor



Sensory

🕒 Set-up: 2 min

Children engage their senses through water play. Let them experiment as they fill, pour, wash, dunk, and splash!

## What You Need:

- Water
- Sink, plastic tub or bowl
- Any materials ok to get wet
- Towel or other floor covering

## Material Ideas:

- Measuring cups, spoons, scoops
- Sponges, wash cloths
- Plastic toys or blocks, containers
- Soap, bubble bath

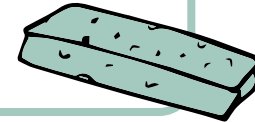
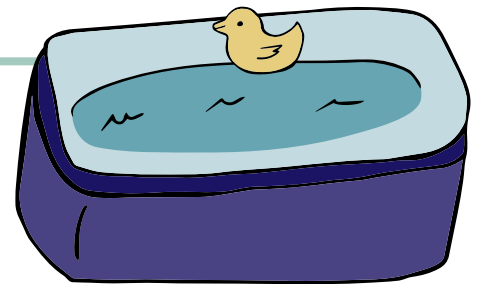
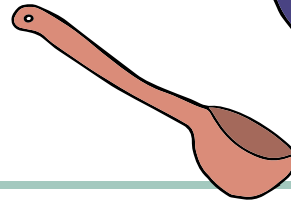
## To Play:

1

Fill a sink with water or a tub on the floor (on a towel). Take it outside for even less clean up!

2

Give your child materials and let them explore.



## Extend the Fun

### ADJUST THE CHALLENGE

Start with just the tub filled with a little bit of water for your child to explore. Next, add a cup or a sponge and follow your child's lead. What do they do?



Have your child guess whether different materials will sink or float. They can drop them in and see if their prediction was right!

## Mix It Up:

Create a wash station for toy animals, vehicles or blocks. Have your child give them a bath then rinse and repeat!



## Another Take:

Want sensory play without the mess? Fill a clear, plastic bottle with water, then add food coloring, glitter, beads or small toys. Glue the lid shut and let your child tip, roll and shake to their heart's content!

