Shake & Make Music

**Set-up: 5 min**

Children love to explore sounds and rhythms. These simple shakers help get the music started!

**What You Need:**
- Toilet paper or paper towel tubes
- Tape (strong enough to hold in the filler)
- Filler – rice, corn, lentils, beans, beads, or other material
- Markers, pens, paints, or colorful tape to decorate the outside

**Make Your Shaker:**
1. Use tape to cover one end of the tube, then wrap the tape around the tube to cover the tape ends.
2. Fill the tube ¼ full with filler material.
3. Repeat step one to close the tube.
4. Decorate as much as you like.

**To Play:**
1. Count a simple rhythm and have your child shake along.
   One, two, three, four, one, two, three, four...
2. Count along with music and have your child shake along.
3. Play faster or slower music and do it again!

**Extend the Fun**

**Adjust the Challenge**
- Hold your child’s hands and help them shake in time to the music.
- Shake a pattern and have your child match it. Try different patterns.

**Mix It Up:**
- Different materials make different sounds. Switch up the container and filler materials to create different shakers.

**Another Take:**
- See what other sounds your shaker can make. Roll it. Tilt it slowly. Try tapping too.