

# Shake & Make Music



Sensory



Fine Motor



Math

🕒 Set-up: 5 min

Children love to explore sounds and rhythms. These simple shakers help get the music started!

## What You Need:

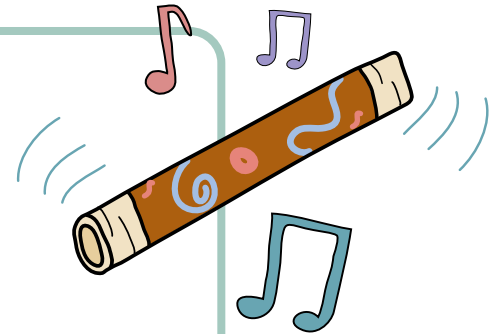
- Toilet paper or paper towel tubes
- Tape (strong enough to hold in the filler)
- Filler – rice, corn, lentils, beans, beads, or other material
- Markers, pens, paints, or colorful tape to decorate the outside

## Make Your Shaker:

1. Use tape to cover one end of the tube, then wrap the tape around the tube to cover the tape ends.
2. Fill the tube  $\frac{1}{4}$  full with filler material.
3. Repeat step one to close the tube.
4. Decorate as much as you like.

## To Play:

- 1 Count a simple rhythm and have your child shake along. One, two, three, four, one, two, three, four...
- 2 Count along with music and have your child shake along.
- 3 Play faster or slower music and do it again!



# Extend the Fun

## ADJUST THE CHALLENGE

Hold your child's hands and help them shake in time to the music.



Shake a pattern and have your child match it. Try different patterns.

## Mix It Up:

Different materials make different sounds. Switch up the container and filler materials to create different shakers.



## Another Take:

See what other sounds your shaker can make. Roll it. Tilt it slowly. Try tapping too.

