Point and Seek

Set-up: 1 min

Children love to explore, even if it’s only with their eyes. In this game, children find categories in their environment with a fun rhyme and pointing.

**Rhyme To Start:**
- Let’s find **green**.
- I’ll show you how.
- The door is **green**. (Point)
- I found it! Wow!

**To Continue:**
- Let’s find more **green**.
- It’s your turn now. (Pause for pointing)
- The (chair, book, etc) is **green**.
- You found it! Wow!

**To Play:**

1. Look around you and pick a category. Colors and shapes work well.

2. Use the first rhyme to start the game and provide an example. Use the second rhyme to invite your child to play.

3. Repeat the rhyme to point to more objects or replace the bold words with a new color or category. Play again!

**Extend the Fun**

**ADJUST THE CHALLENGE**

- The rhyme is optional. This activity can be done as a simple finding game with concrete objects. “Can you find an animal?”
- Make it a memory game for older children. “Let’s think of red things. It’s your turn now. A fire engine is red. You got it! Wow!”

**Mix It Up:**
Choose another category to keep things going: soft things, toys, funny things, things you like. Any category will work. Have your child run to the object instead of pointing.

**Another Take:**
Instead of looking around a whole room, focus on something smaller, such as a favorite toy or doll. Use the rhyme to label parts. “Let’s find an arm.”