# Learning is for Everyone

All children should feel welcome, valued, and empowered. This is true for children's interactions with adults at home and in educational settings. It is important to make sure a child is seen and celebrated for who they are and that the learning environment is tailored to their needs. Use these research-based tips to strengthen these critical relationships.

## **Time to Shine**

Children learn best when what they are learning is meaningful and relevant to them. Center the child by paying attention to their interests. What do they like to do? What are they thinking about? Even very young children have their own preferences.

Being attuned to the diversity of children's experiences, interests, and abilities helps parents and caregivers tailor learning opportunities to meet the specific needs of that child.



#### Take Time to Watch

Take a minute today to watch your child. Pay attention to what they look at. How do they move? What do they sound like? What are they learning? Even when you're busy, responding to what they are learning deepens your connection with them.

Suggested Age 0 months - 5 years

#### **Brainy Background**

When you're in tune with your child, you'll be able to pay attention to their needs and interests. This deepens the trust between you. Your child needs this security to reach out in the world to explore, experiment, discover, and learn.





#### Tell me a Tale

Look for something you see that could start a story. It could be a picture or an object. Begin with "Once upon a time, there was a ...." Encourage your child to continue the story. Take turns adding to it. It doesn't matter if the story makes sense, as long as you're having fun!

Suggested Age 4 - 5 years

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#### **Brainy Background**

Having fun with stories is a great way for your child to learn and use many different words. When you make up the story together, your child is practicing working together creatively. They're also using their memory to remember what has already happened in the story. ered by



## **Sharing is Caring**

In addition to building strong language and early literacy skills, creating stories with your child helps them learn to weave two perspectives together and work as a collaborative team.

Listening to stories and sharing their own stories also helps children gain confidence and give voice to their experiences. Creating spaces where all children can show up as their full self is part of creating equitable communities.

### Institute for Learning & Brain Sciences

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