Listen to different kinds of music and draw what you feel! Use different colors and drawing tools to explore different beats, rhythms, and patterns while practicing fine motor skills.

1. **Set the Stage**
   Find a quiet, comfortable place to draw. Make sure you have a flat surface for your drawing paper, and enough space for your body and your drawing tools! Then, set up your music player. You may want to create a playlist of songs, or just tune into the radio. Adjust the volume so it is just right!

2. **Feel the Beat**
   Turn on your music device and listen closely. You may even want to close your eyes! How does the music make you feel? Happy? Sad? Mad?

   Can you find the beat? If you’re having trouble, try clapping! Is the beat fast, slow, or somewhere inbetween?

3. **Mix Tape**
   Now that you’ve got a feel for the music, you’re ready to draw! What sorts of lines, shapes, or colors does the music remind you of? How hard do you want to press down as you mark the page?

   Try listening to different genres of music! When the song changes, how does your drawing change?

4. **What Do You See?**
   When the music stops, take a look at your drawings. Do you see any patterns emerge? Did you use the same lines, shapes, and colors for each song, or were they different? How? Think about how each song made you feel. What did your drawings look like when the song made you feel excited? Calm? Curious? Sad?

**MATERIALS**
- Paper
- Your favorite drawing tools
- Music player

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Use this page to draw while you listen. Can you name the feelings you had for each song? If you can, record them next to each drawing!
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