

Early Music Experience

Listening and moving in time to music helps infants learn to recognize patterns in the world!



MUSIC TO MY EARS

Infants learn from listening to music in their culture and environment. During infancy, children's brains are primed to learn basic musical components, like patterns and rhythms.



TRY THIS!

Music is important to all of us in different ways, especially when it has a personal connection. Expose your child to music from your family and culture, sing or play your favorite songs, and take them to musical events.

MOVE IT & GROOVE IT

Music and language share some key elements, such as pattern and rhythm. Practicing these elements of music may help young children learn the patterns and rhythms of language.



TRY THIS!

Singing, clapping, and dancing are all ways to share music with children. Bounce or sway with your child to the beat of different tunes! Repeat songs, rhythms, and movements. Repetition helps your child learn, and they enjoy it too!

FEEL THE BEAT

Musical experiences may help children build other life skills. Executive function and social-emotional skills have both been linked to experiences like music lessons and dance!



TRY THIS!

Anything can be a musical instrument! Plastic containers, cook pots, and cardboard boxes make great drums. Paper tubes filled with rice or beans can make a shaker. Experiment with different materials! How does it change the sound?

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