When caregivers use parentese, babies pay attention! This helps them learn. Use parentese any time of the day to interact and engage with your baby.

Looking For Ways To Increase Your Baby’s Language Skills? Try Parentese!

Parentese is fully grammatical speech that uses real words, longer, exaggerated vowels, and a sing-song tone of voice.

Science Says
Use parentese in the context of conservational turn-taking. This increases your baby’s babbling and early language skills! Over time, this helps their language development, reading skills, and success in school.

How To Use Parentese
Speak in a higher-pitched, sing-song tone of voice. Use real words – not baby talk like “goo goo” or “gaa gaa.”

“Do you want to play with your big, red truck?”

Make sure to give your child plenty of time to respond. It’s okay if it’s non-verbal! Your baby might make a sound, laugh, or even wiggle their arm. Be sure to acknowledge them and reply! You are continuing the conversation with your baby, which builds their language skills.

“‘You do? Okay! Let’s play with your big, red truck!’”

Why Parentese?
When caregivers use parentese, babies pay attention! This helps them learn. Use parentese any time of the day to interact and engage with your baby.