

Math Stereotypes

Math stereotypes develop early but we can change how children think about math.



ENCOURAGE MATH PLAY

Boys often have more opportunities to build math skills compared to girls. This can lead to boys showing more interest in math than girls.



TRY THIS!

Encourage girls to play with toys that boost math skills, like building sets, as often as you encourage boys. Talk about math concepts as you build. Ask math-related questions, like “What size piece fits here?”



MAKE IT HANDS-ON

Being actively engaged is an important part of the learning process. Provide hands-on opportunities for girls and boys to build math skills.



TRY THIS!

The next time your child wants to help out with a measuring task or building project at home, let them! Even a younger child can help hold a ruler or find the right size screw.



SET AN EXAMPLE

Children develop stereotypes about ‘who does math’ from a young age. We can help change these stereotypes through our own words and actions.



TRY THIS!

Be confident in your own math ability. Remember, you use math every day! When your child has a math problem you’re not sure about, don’t make a big deal about it. Work through the problem together!

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