

## Early Music Experience



Music is present almost everywhere we go. In fact, musical sounds may be as prominent as the sounds of language in our daily lives.



### The Take-Home

Music has rhythm and so does language. Research shows that listening and moving in time to music may help infants learn to recognize rhythm patterns in language.



### Science Says

- The brain learns musical information very early in development. Infants learn from listening to music in their environment and culture.
- Research suggests that infants have a sensitive period when their brains are particularly primed to learn the basic structure of musical components.
- Music and language share some key elements, such as pattern and rhythm. Practice with musical patterns and rhythms may help young children learn language patterns and rhythms.



### Try it at Home

- Enjoy music with your child! It's fun and can build skills, too. Any type of music is great – share your favorite music with your child!
- Singing and clapping, moving, and dancing are all great ways to share music with children. Bounce your child to the beat!
- Anything can be a musical instrument. Plastic tubs make great drums. Paper towel tubes filled with beans can shake, shake, shake!

Want to  
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<http://modules.ilabs.uw.edu/module/early-music-experience/>  
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