How old are you? How have you changed since last year? What do you know now that you didn’t know then? What do you think you will learn next year?

We drink a lot every day. Try measuring how much you drink in one day. You could keep track of how many glasses of milk, juice, or water you drink. Or you could measure out an exact amount before you drink, and keep track throughout the day.

Look out through the nearest window. Can you see any trees? Which one is the tallest? The shortest? If you can’t see any trees, what is the tallest thing you can see? Try looking out other windows. What’s the very tallest thing you can see from a window?

How tall do you think you will be when you grow up? Where do you think you will live? What do you think you will do? Try writing a letter to your future self about all the things you think you would like to do and be. Then tuck it in a special place to read when you are older!

Pick a shape – any shape. A circle, a square, a triangle. Then, see how many circles you can find in one room. Once you’ve found all the circles, move on to the next room. Which room in your home has the most circles, or squares, or triangles?