Using five fingers as a handy tool, see how many “fives” you can find at home. Maybe it is five slices of apple, or five bottles in the shower, or the number five on your house or apartment.

Can your hands hold a little, or a lot? Together explore size and shape by looking for something that your child can hold one of, two of, three of, and so on!

Hands are flexible, incredible tools. Working together, see how many different shapes you can make with your hands! Can you make a circle? A triangle? How about a tree?

We use our hands a lot, so we wash our hands a lot. Try creating different ways to measure how long it takes to wash and dry hands. For example, how many words into your favorite song? Or how many silly faces?

Using your own body to estimate and compare lengths and distances. Try having your child reach their arms out wide, and then find other things in the house that are that wide - a favorite chair? A doorway? The TV?